

The South West Sports Centre offers the following indoor sports:-

LADIES NETBALL

- games are played on Monday nights
- team / individual nominations welcomed
- all games umpired
- equipment supplied by SWSC
- competition sponsored by Parks Tavern



MIXED NETBALL

- games played on Thursday nights
- team / individual nominations welcomed
- all games umpired
- equipment supplied by SWSC
- competition sponsored by

Played in Two Seasons
 With a break over all school holidays
 Season 1 Term 4 & 1
 Season 2 Term 2 & 3

Quality Hotel Lord Forrest



LORD FORREST

For more information contact:
 Shane Cristaldi Tel: 9795 2203
 Email: scristaldi@bunbury.wa.gov.au

OPERATING HOURS

WINTER

2nd April — 30th September

Mon - Thurs 5.45am - 8.30pm
 Friday: 5.45am - 7.00pm
 Saturday: 8.00am - 5.00pm
 Sunday: 10.00am - 4.00pm

SUMMER

1st October — 1st April

Mon - Thurs 5.45am - 8.30pm
 Friday: 5.45am - 8.00pm
 Saturday: 8.00am - 5.00pm
 Sunday: 9.00am - 5.00pm

Public Holidays = Sunday hours

Closed Christmas Day, Boxing Day, New Years Day,
 Anzac Day, Good Friday & Easter Sunday

Proudly owned and managed by



1 Rotary Ave
 Bunbury WA

Phone: (08) 9795 2222
 Fax: (08) 9792 7184

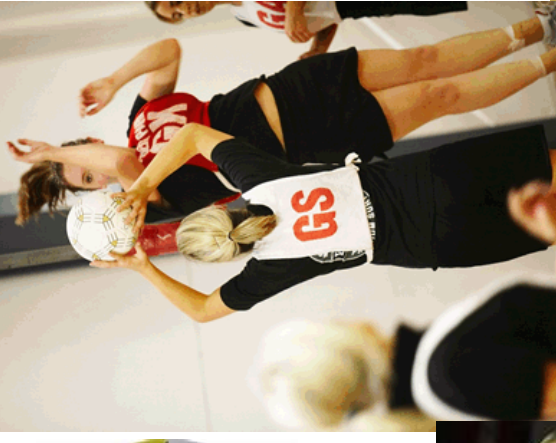
www.southwestsportscentre.com.au

The information contained in this brochure is correct at the time of printing. Information may change without notice.



“Part of Your Everyday”

TEAM SPORTS



9795 2222

www.southwestsportscentre.com.au

SPORTING ASSOCIATIONS

The following sporting clubs/associations are based at South West Sports Centre



BUNBURY BASKETBALL ASSOCIATION

Please contact
Richard 0428 407 296 or
Jeff 0407 197 259



BUNBURY VOLLEYBALL ASSOCIATION

Please contact
Andrew 0439 937 974
www.bunburyvolleyball.com
andrew.cresswell@water.wa.gov.au



ALEXANDER SQUASH CLUB

Please contact
Allan 9721 5673

SQUASH & RACQUET BALL

Peak time is 4.30pm onwards Monday to Friday

Peak 1 hour \$19.00
Peak 1/2 hour \$12.50
Off peak 1 hour \$14.50
Off peak 1/2 hour \$9.50
Racquet Hire (\$10 refundable deposit applies) \$5.00 ea



STADIUM COURT HIRE

Peak time is 4pm - 10pm Monday to Friday

Full Court - peak per hour \$47.00
Full Court - off-peak per hour \$31.50
Half Court - peak per hour \$30.00
Half Court - off peak per hour \$22.00
Volleyball Court hire per hour \$31.50

Casual shoot around - Adult \$3.50
Casual shoot around - Child \$2.50

MEETING ROOM HIRE

Function room (Group Fitness room) \$43.00
Multi purpose room per hour (upstairs) \$43.00
Meeting room per hour \$35.00

Please see reception for availability.

CRÉCHE

Number of children	0-90mins	90mins- 180min
1	\$3.30	\$5.40
2	\$5.40	\$7.60
3	\$8.60	\$13.00
Crèche Money available in \$32.50 and \$54 denominations		

PLEASE NOTE: The above fees and charges are effective 1st December 2011 and are subject to an annual review

FACILITIES & SERVICES

AQUATICS

- Indoor 10 lane 50m Competition pool
- 25m, 4 lane teaching pool (depths less than 1m)
- Free form Leisure Pool
- Waterslide
- Giant Inflatable
- Lazy River
- Grand-stand seating
- Spa, sauna and steam room



HEALTH & FITNESS

- 30 cardio machines including treadmills, cross-trainers, rowers and step-machines
- Wide range of pin loaded weight stations
- Extensive free weights equipment
- Personal Training
- Seniors Fitness programs
- 60 group fitness classes per week including Bodypump, Bodystep, Bodyattack, Bodybalance, Bodycombat, RPM, Ubound, KIMAX, Yoga, Zumba & Aqua-aerobics

SPORTS

- 3 indoor basketball/netball courts
- 3 indoor soccer courts
- 4 badminton courts
- 4 volleyball courts
- 6 squash/racquet ball courts



OTHER

- The Aquarium Café
- Crèche
- Licensed Vacation Care
- 2 x Meeting Rooms (up to 100 seating capacity)
- Little Lappers Swim School
- Indoor netball (mixed and ladies competitions)
- Radkidz
- Birthday Parties & Windups
- Private & Corporate Functions